

Janelle Bray
Reiki Master & Teacher
Accredited Reiki Treatment Practitioner
Reiki Share Group
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Toowoomba QLD 4350
By appointment only

Janelle is offering Reiki treatments in clinic or via Distant Reiki. Teaching level 1, 2 and 3A classes, Reiki Review classes and organised Distant Reiki share groups.

Every species can respond well to Reiki whatever the situation might be. Physical pain or illness, chronic pain syndrome, emotional and mental health, palliative care, situational and environmental issues.

You may require or be seeking the comfort of Reiki maintenance sessions to feel more clarity and balance in these times of uncertainty. Or if you are already attuned to Reiki in the past, a Reiki Review class might be of interest to refresh your Reiki skills and rekindle your self-practice.

Please contact Janelle to assist in booking treatments, classes or answering any questions you may have either by phone or email..

With over twenty years of experience as a Reiki Treatment Practitioner and Master/Teacher and an Integrated Bodywork Therapist, Janelle's wealth of knowledge and skills is invaluable. She is regarded as an esteemed facilitator within the community, and is a highly recommended practitioner and mentor. To all her clients, Janelle provides a comprehensive, holistic approach to health and wellness. Every person is honoured as a unique individual, treated with utmost care and respect.

Treatments are couched within the support of open heartedness and stillness. Throughout Janelle's practice upholding professionalism, ethical standards and integrity is paramount.

Janelle is one of a small number of Reiki Treatment Practitioners within Australia, to have completed the Reiki industry qualification- Certificate IV in Reiki Treatment Practice.

What keeps Janelle growing, and evolving as a practitioner is her enthusiasm for continuing education, connection with others and self-reinvention. As an avid traveller, Janelle partakes in various forums held in Australia and around the world. This has allowed her to connect with many like-minded individuals, and light workers in her field- which has further enhanced her depth of knowledge and skills. In conjunction to Janelle's artistic background, and all that she has richly acquired in life experience; invariably it has imbued her craft as a Reiki Treatment Practitioner/Master/Teacher and an Integrated Bodywork Therapist.

Beginning my Reiki journey in 1997 in Brisbane with the Academy of Reiki and integrating the many levels to attain Mastership in 2005 and accredited Reiki Master, Teacher and professional Reiki Treatment Practitioner levels. Trained in Traditional Usui Tibetan Reiki, Sekhem and Reiki for Palliative Care.

Reiki has given me the tools to help steer my life's journey in a more meaningful holistic way, embracing the many speed bumps which come along unexpectedly. Reiki enhances my daily self-care routine, personal growth and encourages the awareness of "being present".

'In all that I do, I am constantly building a philosophy of integrative therapy based on creativity, compassion, integrity and intuitive passion. By facilitating in the Healing modalities of Touch, I've fostered Spiritual integration with holistic wellness into my practices- which serves to benefit the wellbeing of the collective'.

I offer a safe professional healing experience infused with compassion and integrity. Enjoy the nurturing generosity of spirit with an experienced therapist providing healing touch. Choose from a menu of restorative treatments and workshops to increase your wellbeing, reduce stress and nourish your body, mind and soul.

In this challenging time and time of opportunity, Reiki is an ancient self-help healing method perfect for reducing stress, creating balance & promoting wellness to rekindle your spirit and nurture your soul.

Reiki is a recognised healing modality which safely provides a holistic health care routine to manage stress levels and promote ongoing wellness to make the journey along the stepping stones of life.

My vision is to honour a Reiki Spirituality of Touch experience that provides deep and lasting benefits to reduce stress, alleviate pain and foster a sense of integration and balance. I enjoy sharing the gift of Reiki through my professional practice, Reiki teaching and my Mentoring opportunities.

Reiki is a valuable preventative health care modality to promote personal/spiritual development and ongoing wellness.

I believe that our bodies serve as a perfect feedback system for what is happening on higher levels and the best health insurance is learning how to listen to our bodies 'Reiki offers us the perfect gift'.

Reiki is ageless wisdom for our modern age to rekindle your spirit and nurture your soul.

Reiki System: Usui Traditional Tibetan Reiki, Sekhem, Reiki for Palliative Care
Additional Modalities: Remedial Massage, Therapeutic Massage, Cranial Sacral Therapy, and Reflexology

Other Professional Memberships: Australian Traditional Medicine Society, Reiki Australia